

Evidence-Based Practice Guidelines

Health Net's* National Medical Policies (Policies) are developed to assist Health Net in administering plan benefits and determining whether a particular procedure, drug, service or supply is medically necessary.

Health Net uses evidence-based guidelines to ensure our Policies are based upon current standards to assist practitioner decision-making and to identify generally recommended interventions. Sources may include:

- **Clinical outcome studies in the peer-reviewed published medical literature.**
- **Regulatory status of the drug or device.**
- **Evidence-based guidelines of governmental bodies.**
- **The National Clearinghouse.**
- **Other evidence-based guidelines and positions of select national health professional organizations.**

Our Policies are reviewed annually, and are modified when evidence-based guidelines change to reflect those updates.

Coverage determinations are made on a case-by-case basis and are subject to all of the terms, conditions, limitations, and exclusions of the member's contract, including medical necessity requirements.

Health Net may use the Policies to determine whether, under the facts and circumstances of a particular case, the proposed procedure, drug, service, or supply is medically necessary.

Refer to [Health Net's Medical Policies](#) at provider.healthnet.com > *Working with Health Net* > *Medical Policies* to obtain a list of our medical policies by benefit, as well as preventive and clinical guidelines.



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