

2024 National Observances



Monthly

January

Cervical Health Awareness Month
 Glaucoma Awareness Month
 National Birth Defects Prevention Month

February

American Heart Month
 AMG/Low Vision Awareness Month
 National Children's Dental Health Month

March

Colorectal Cancer Awareness Month
 National Kidney Month
 National Nutrition Month
 Workplace Eye Wellness Month
 Women's History Month

April

National Alcohol Awareness Month
 National Child Abuse Prevention Month
 National Humor Month
 National Minority Health Month
 Stress Awareness Month



Weekly and Daily

- 3** National Wear Red Day
- 4** World Cancer Day
- 7** National Black HIV/AIDS Awareness Day
- 11-17** Cardiac & Pulmonary Rehabilitation
- 17** Random Acts of Kindness Day

- 8** International Women's Day
- 10** National Women and Girls HIV/AIDS Awareness Day
- 10-16** National Sleep Awareness Week
- 10-16** Patient Safety Awareness Week
- 10-16** World Glaucoma Week
- 15** World Sleep Day
- 19** National Native American HIV/AIDS Awareness Day
- 20-24** LGBTQIA+ Health Awareness Week
- 22** World Water Day
- 28** American Diabetes Alert Day

- 1-7** National Public Health Week
- 4** National Alcohol Screening Day
- 7** World Health Day
- 21-27** National Infant Immunization Week
- 21-27** World Immunization Week
- 22** Earth Day
- 27** National Prescription Drug Take Back Day

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Monthly

May

Arthritis Awareness Month
 Asthma and Allergy Awareness Month
 Better Sleep Month
 Employee Health and Fitness Month (Global)
 Healthy Vision Month (Global)
 National Bike Month
 National High Blood Pressure Education Month
 National Melanoma/Skin Cancer Awareness Month
 National Mental Health Month
 National Osteoporosis Month
 National Physical Fitness and Sports Month
 National Stroke Awareness Month
 National Trauma Awareness Month
 Skin Cancer Prevention and Awareness Month
 National Women's Health Month
 Mental Health Awareness Month

June

Men's Health Month
 National Great Outdoors Month
 National Migraine and Headache Awareness Month
 National Safety Month
 PTSD Awareness Month

July

UV Safety Month
 National Minority Mental Health Awareness Month
 National Park and Recreation Month

August

Children's Eye Health and Safety Month
 National Breastfeeding Month
 National Immunization Awareness Month

September

Alzheimer's Awareness Month (World)
 Fruits & Veggies – More Matters Month
 Healthy Aging Month
 National Childhood Obesity Month
 National Cholesterol Education Awareness Month
 National Food Safety Education Month
 National Suicide Prevention Awareness Month
 Prostate Health & Prostate Cancer Awareness Month

October

National Depression Education and Awareness Month
 Health Literacy Month
 National Breast Cancer Awareness Month
 National Bullying Prevention Month
 National Dental Hygiene Month

November

American Diabetes Month
 Chronic Obstructive Pulmonary Disease (COPD) Awareness Month
 Diabetic Eye Disease Month
 Lung Cancer Awareness Month
 National Alzheimer's Disease Awareness Month
 National Family Caregivers Month
 National Healthy Skin Month
 National Pancreatic Cancer Awareness Month

December

International AIDS Awareness Month
 National Drunk and Drugged Driving Prevention Month
 Safe Toys and Gifts Month



Weekly and Daily

1-7 National Physical Education and Sports Week
7 World Asthma Day
12-18 Women's Health Week
13-19 Bike to Work Week
19 National Asian and Pacific Islander HIV/AIDS Awareness Day
20 National Senior Health and Fitness Day

2 National Cancer Survivors Day
5 Environment Day (World)
10-16 National Men's Health Week
27 National HIV Testing Day

14-20 Every Body Deserves a Massage Week
31 International Overdose Awareness Day

1-7 World Breastfeeding Week
 Back-to-School Season
31 International Overdose Awareness Day

8-14 Suicide Prevention Week
17-23 Falls Prevention Awareness Week
25 National Women's Health and Fitness Day
28 Family Health and Fitness Day

10 World Mental Health Day
6-12 National Mental Illness Awareness Week
13-19 National Healthcare Quality Week
13-19 National Health Education Week
15-21 International Infection Prevention Week
20 World Osteoporosis Day
23-31 National Red Ribbon Celebration Week

13 World Kindness Day
16 Great American Smokeout

1 World AIDS Day
1-7 National Handwashing Awareness Week
1-7 National Influenza Vaccination Week